



# Lansing Community College Rights and Options For Sexual Misconduct, Sexual Assault, Dating Violence, Domestic Violence, and Stalking

## Contents

Definitions.....	2
What to do if you have been the victim of sexual assault, dating violence, domestic violence or stalking.....	3
Reporting.....	3
Medical Resources and Preservation of Evidence .....	5
Accommodations and Protective Measures Available.....	5
Confidentiality.....	7
Disciplinary Procedures Following a Complaint .....	7
Sanctions .....	9
Retaliation .....	10
Resources for Victims of Domestic Violence, Dating Violence, Sexual Assault & Stalking.....	10
On-Campus.....	10
Off-Campus.....	13
Risk Reduction, Warning Signs of Abusive Behavior and Future Attacks.....	18

Lansing Community College does not discriminate on the basis of sex in its educational programs, and sexual harassment and sexual violence are types of sex discrimination. Other acts can also be forms of sex-based discrimination and are also prohibited by Lansing Community College as well as federal law, whether sexually based or not, and include dating violence, domestic violence, and stalking. Because you are reporting a possible form of sex misconduct, Lansing Community College wants to inform you of our policy and procedures that address sexual assault, domestic violence, dating violence, and stalking, whether the incident occurs on or off campus as well as your rights and Lansing Community College's responsibilities. This publication is intended to help you understand your rights and options, as well as provide you with information regarding support and assistance.

As a complainant of sexual assault, dating violence, domestic violence or stalking, you will receive a full copy of our institution's Prohibited Sex or Gender-Based Discrimination, Harassment, and Sexual Misconduct Policy. The Prohibited Sex or Gender-Based Discrimination, Harassment, and Sexual Misconduct Policy has procedures in place that serve to be sensitive to those who report sexual assault, domestic violence, dating violence, and stalking. These procedures include our right to inform you of your right to file criminal charges as well as the availability of medical, counseling and support services. We also offer additional remedies to prevent contact between a complainant and an accused party, such as a temporary or permanent changes in academic courses, transportation, and working conditions, if reasonably available. The policy and procedures also addresses possible sanctions and interim and/or long-term protective measures that Lansing Community College may impose following a report through the final determination of our discipline process.

## Definitions

The following definitions are helpful in understanding the College's policy prohibiting sex-based discrimination:

**Consent** is present when clearly understandable words or actions manifest a knowing, active, voluntary, and present and ongoing agreement to engage in specific sexual or intimate conduct. Consent must be all of the following:

- **Knowing:** Consent must demonstrate that the individuals involved understand, are aware of, and agree to everything about the "who" (partners), "what" (acts), "where" (location), "when" (time), and "how" (conditions) of the sexual activity.
- **Active:** Consent must take the form of "clearly understandable words or actions" that reveal one's expectations and agreement to engage in specific sexual activity. This means that silence, passivity, submission, or the lack of verbal or physical resistance (including the lack of a "no") should not, in and of themselves, be understood as consent. Consent cannot be inferred by an individual's manner of dress, the giving or acceptance of gifts, the extension or acceptance of an invitation to go to a private room or location, or going on a date.
- **Voluntary:** Consent must be freely given and cannot be the result of external pressures such as force (violence, physical restraint, or the presence of a weapon), threats (indications of intent to harm, whether direct or indirect), intimidation (extortion, menacing behavior, bullying), coercion (undue pressure, hazing) or fraud (misrepresentation or material omission about oneself or the present situation in order to gain permission for sexual or intimate activity).
- **Present and ongoing:** Consent must exist at the time of the sexual activity. Consent to previous sexual activity does not imply consent to later sexual acts; similarly, consent to one type of sexual activity does

not imply consent to other sexual acts. Consent may also be withdrawn at any time, provided the person withdrawing consent makes that known in clearly understandable words or actions.

Consent is never present when an individual does not have the capacity to give consent due to age, mental or physical condition, or disability that impairs the individual's ability to understand and give a knowing, active, voluntary, present, and ongoing agreement to engage in specific sexual or intimate conduct. A person does not have the capacity to give consent if their judgment or awareness is impaired due to consumption of alcohol, drugs, or inhalants (voluntarily or involuntarily), or being in a state of unconsciousness, sleep, or another state in which the person is unaware that sexual activity is occurring. Signs of incapacitation include when an individual demonstrates that they are unaware of where they are, how they got there, or why or how they became engaged in a sexual interaction.

**Sexual Assault:** Means an offense classified as a forcible or non-forcible sex offense under the uniform crime reporting system of the Federal Bureau of Investigation. Sexual assault is any non-consensual sexual contact, including but not limited to non-consensual sexual penetration.

**Domestic Violence:** Domestic violence is committed by a person who is the complainant's current or former spouse, current or former domestic partner, current or former cohabitant, a person with whom the complainant shares a child in common, or a person similarly situated under domestic or family violence law.

**Dating Violence:** Dating violence is committed by a person who has been in a dating relationship or a social relationship of a romantic or intimate nature with another person. Whether there was such a relationship will be gauged by its length, type, and frequency of interaction. Dating violence includes, but is not limited to, sexual or physical abuse or the threat of such abuse.

**Stalking:** Means engaging in a course of conduct directed at a specific person that would cause a reasonable person to—a) fear for their safety or the safety of others; or b) suffer substantial emotional distress. Two or more acts, including but not limited to acts of which the stalker/accused directly, indirectly, or through third parties, by any action, method, device or means, follows, monitors, observes, surveys, threatens or communicates to or about a person or interferes with a person's property.

**Bystander Intervention:** A bystander is someone other than the victim who is present when an act of dating violence, domestic violence, stalking or sexual assault is occurring or when a situation is occurring in which a reasonable person feels as though some protective action is required to prevent sexual assault, dating violence, domestic violence or stalking. Bystanders, if active, can prevent harm or intervene before a situation gets worse. Examples of active bystander intervention include: not leaving an overly intoxicated person in a bar/party alone, walking a classmate to his/her car after class, calling police when a potentially violent situation is unfolding, not leaving an unconscious person alone (alerting EMS, campus police, etc.), or intervening when someone is being belittled, degraded or emotionally abused (walking victim away from abuser, contacting others for help, like LCC Police, counseling services, or a Dean).

[What to do if you have been the victim of sexual assault, dating violence, domestic violence or stalking](#)

[Reporting](#)

LCC Police Department 517-483-1800

For emergencies, call 911.

For non-emergencies, call:

LCC urges complainants to report any such activity immediately by contacting local law enforcement, with local numbers listed below:

- East Campus: Meridian Township Police (non-emergency) (517) 332-6526
- West Campus: Eaton County Sheriff (non-emergency) (517) 543-3512
- Mason Jewett Airport: Ingham County Sheriff (non-emergency) (517) 676-2431
- Livingston County Center: Livingston County Sheriff (non-emergency) (517) 546-2440

To report an incident involving a sexual assault, domestic violence, stalking, and dating violence, contact LCC Police Department or the Title IX Coordinator:

Lansing Community College Police Department  
411 N. Grand Ave. Room 2110 Gannon Building  
Lansing, MI 48933  
(517) 483-1800

or

TITLE IX COORDINATORS		
Employees:	Students:	Students
Dr. Lisa Thomas	Christine Thompson	Greg Lattig
Human Resource Manager	Director of Student Compliance	Director of Athletics
Employee Title IX Coordinator	Student Title IX Coordinator	Deputy Title IX Coordinator
Administration Building	Gannon Building	Gannon Building
610 N. Capitol Avenue	411 N. Grand Avenue	411 N. Grand Avenue
Lansing, MI 48933	Lansing, MI 48933	Lansing, MI 48933
Phone: 517-483-1879	Phone: 517-483-9632	Phone: 517-483-1622
Email: <a href="mailto:thomasl32@star.lcc.edu">thomasl32@star.lcc.edu</a>	Email: <a href="mailto:thompse@lcc.edu">thompse@lcc.edu</a>	<a href="mailto:lattigg@star.lcc.edu">lattigg@star.lcc.edu</a>

A complainant has the right to notify (or decline to notify) law enforcement of any act of violence, sexual misconduct, stalking, or other criminal activity. At the complainant's election, campus authorities may assist in notifying law enforcement.

Reports of alleged violations of this Policy can also be made to Officials with Authority (OWA). An OWA is an employee who has the authority to institute immediate corrective measures on behalf of the College. For the purpose of this policy, an OWA is the Executive Director of Human Resources or any member of the [Executive](#)

[Leadership Team](#) Executive Leadership Team. OWA's are required to immediately report any allegations of sexual misconduct or sexual harassment to the appropriate Title IX Coordinator.

Additionally, reports of alleged violations of this policy can be made to any employees of the College who are mandated reporters. Mandated reporters do not include student employees and Licensed Professional Counselors serving in a Counselor role at the College. Mandated reporters are required to immediately report any allegations of sexual misconduct or sexual harassment to the appropriate Title IX Coordinator.

### Medical Resources and Preservation of Evidence

After an incident of sexual assault and domestic violence, the victim should consider seeking medical attention as soon as possible at either:

MSU Sexual Assault Healthcare Program  
556 E Circle Dr, #237  
East Lansing, MI 48824  
(517) 353-2700

Sparrow Hospital  
1215 E Michigan Ave  
Lansing, MI 48912  
(517) 364-1000

You can also find a local Sexual Assault Nurse Examiner Program (SANE) by calling the RAINN hotline 1-800-656-HOPE (4673).

In Michigan, evidence may be collected even if you chose not to make a report to law enforcement. It is important that a victim of sexual assault not bathe, douche, smoke, change clothing or clean the bed/linen/area where they were assaulted if the offense occurred within the past 96 hours so that evidence as may be necessary to the proof of criminal activity may be preserved. In circumstances of sexual assault, if victims do not opt for forensic evidence collection, health care providers can still treat injuries and take steps to address concerns of pregnancy and/or sexually transmitted disease.

Victims of sexual assault, domestic violence, stalking, and dating violence are encouraged to also preserve evidence by saving text messages, instant messages, social networking pages, other communications, and keeping pictures, logs or other copies of documents, if they have any, that would be useful to College hearing panels/investigators or police.

### Accommodations and Protective Measures Available

The College has procedures in place that serve to be sensitive to those who report sexual assault, domestic violence, dating violence and stalking, including informing individuals about their right to file criminal charges as well as the availability of counseling, health, mental health, victim advocacy, legal assistance, visa and immigration assistance and other services on and/or off campus as well as additional remedies to prevent

contact between a complainant and an accused party, such as changes to academic courses, transportation, protection orders, or working accommodations, if reasonably available.

Supportive measures, interim measures, protective measures, and accommodations can be made available whether or not an individual chooses to pursue a formal complaint through law enforcement agencies or College disciplinary procedures and will be offered to both the complainant and the respondent. The Title IX Coordinator will determine whether supportive measures, interim measures, protective measures, or accommodations are reasonable and appropriate and if so, will work to ensure that interim protective measures or accommodations are implemented as soon as possible. There is no cost to a complainant or respondent for supportive measures, interim measures, protective measures, or accommodations.

To request changes and/or assistance with requesting changes to academic schedule, transportation, living and/or working situations or protective measures contact the appropriate Title IX Coordinator:

TITLE IX COORDINATORS	
Employees:	Students:
Dr. Lisa Thomas	Christine Thompson
Human Resource Manager	Director of Student Compliance
Employee Title IX Coordinator	Student Title IX Coordinator
Administration Building	Gannon Building
610 N. Capitol Avenue	411 N. Grand Avenue
Lansing, MI 48933	Lansing, MI 48933
Phone: 517-483-1879	Phone: 517-483-9632
Email: <a href="mailto:thomasl32@star.lcc.edu">thomasl32@star.lcc.edu</a>	Email: <a href="mailto:thompse@lcc.edu">thompse@lcc.edu</a>

In Michigan, a victim of domestic violence, dating violence, sexual assault or stalking has the following rights: to be treated with fairness and respect for their dignity and privacy; reasonable protection from the defendant throughout the criminal justice process; notification and the right to attend all court proceedings; consult with the prosecuting attorney; and make a statement at sentencing and restitution. Further, Lansing Community College complies with Michigan law in recognizing orders of protection. Any person who obtains an order of protection from Michigan or any reciprocal state should provide a copy to Campus Police and the Office of the Title IX Coordinator. A complainant may then meet with Campus Police to develop a Safety Action Plan, which is a plan for campus police and the victim to reduce risk of harm while on campus or coming and going from campus. This plan may include, but is not limited to: escorts, special parking arrangements, changing classroom location or allowing a student to complete assignments from home, etc.) Protection from abuse orders may be available through local authorities by filing a petition with the court.

The Personal Protection Order Office contact information for LCC various campuses is below:

Ingham County (Downtown Campus, East, or Mason Aviation Campus)  
 313 W. Kalamazoo St. Lansing, MI 48933  
 Lansing Personal Protection Order Office – (517) 483-6545

Mason Personal Protection Order Office - (517) 676-8285

[Ingham County PPO website](#)

Eaton County (West Campus)

Circuit Court Clerk

1045 Independence Boulevard Charlotte, MI 48813

Eaton Circuit Court Clerk – (517) 543-4335

[Eaton County PPO website](#)

Barry County (West Campus)

Barry County Courthouse – Floor 1

220 W. State St.

Hasting, MI 49058

Barry County Courthouse – (269) 945-1285

[Barry County PPO website](#)

Livingston County (Livingston Campus)

Circuit Court Clerk

204 S. Highlander Way, Suite. 4

Howell, MI 48843

Circuit Court Clerk's Office – (517) 546-9816

[Livingston County PPO website](#)

## Confidentiality

The College will make every reasonable effort to preserve an individual's privacy and protect the confidentiality of information it receives in connection with such a report. The information reported will be shared only with individuals who assist or are otherwise involved in the investigation and/or the resolution of the complaint, or who otherwise have a need to know about the complaint and/or its resolution. If a person discloses an incident but wishes to maintain confidentiality or requests that no investigation or disciplinary action occurs, that request must be weighed against the College's obligation to provide a safe, non-discriminatory environment.

The College does not publish the name of crime victims nor house identifiable information regarding victims in the campus police departments Daily Crime Log or online. Victims may request that directory information on file be removed from public sources by request to the Student Title IX Coordinator at 517-483-9632 or thompsc@lcc.edu, and employees should contact the Employee Title IX Coordinator at 517-483-1879 or ThomaL32@lcc.edu.

## Disciplinary Procedures Following a Complaint

Whether or not criminal charges are filed, the College or a person may file a complaint under the Prohibited Sex or Gender-Based Discrimination, Harassment, and Sexual Misconduct Policy alleging that a student or

employee violated the College's policy on Prohibited Sex or Gender-Based Discrimination, Harassment, and Sexual Misconduct. Reports of all domestic violence, dating violence, sexual assault and stalking made to LCC Police Department will automatically be referred to the Title IX Coordinator for investigation regardless of if the complainant chooses to pursue criminal charges.

The College will make reasonable efforts to protect the rights of both the complainant and the respondent during the course of an investigation. The College will respect the privacy of the complainant(s), the respondent(s), and any other witnesses in a manner consistent with the College's legal obligations to investigate, to take appropriate action, and to comply with any discovery or disclosure obligations required by state or federal law.

In the course of investigating, the College will determine whether the complaint is one that is covered by this Policy. If not, the complaint may be referred to another College complaint/dispute resolution procedure. Upon actual knowledge of an alleged violation of this policy, the College will respond promptly in a manner that is not deliberately indifferent, meaning a response that is not clearly unreasonable in light of the known circumstances. The College will treat complainants and respondents equitably and will follow the appropriate process before the imposition of any disciplinary sanctions or other actions that are not supportive measures against a respondent.

The College disciplinary process will include a prompt, fair, and impartial investigation and resolution process. Investigators and hearing panel members are trained annually on the issues related to domestic violence, dating violence, sexual assault, and stalking and taught how to conduct an investigation and hearing process that protects the safety of the victim and promotes accountability. The Prohibited Sex or Gender-Based Discrimination, Harassment, and Sexual Misconduct Policy provides that:

1. The accuser and the accused student or employee each have the opportunity to attend a hearing before a properly trained hearing panel;
2. The accuser and the accused student or employee each have the opportunity to be advised by a personal advisor of their choice, at their expense, at any stage of the process and to be accompanied by that advisor at any meeting or hearing. An advisor may only consult and advise their advisee, but not speak for the advisee at any meeting or hearing;
3. The College will provide an advisor for the accuser and the accused student if either party does not have an advisor of their choice;
4. A decision as to whether a violation occurred is based on the preponderance of evidence standard, i.e. "more likely than not to have occurred" standard.
5. The accuser and the accused will be notified simultaneously in writing of the outcome of any disciplinary proceeding, as well as any changes to those results or disciplinary actions prior to the time that such results become final; and
6. The accuser and the accused each have the right to appeal the outcome of the hearing by either contacting the Office of Student Compliance in student cases or the Executive Director of Human Resources in employee cases, and will be notified simultaneously in writing of the final outcome after the appeal is resolved.

In all cases, investigations that result in a finding of more likely than not that a violation of the Prohibited Sex or Gender-Based Discrimination, Harassment, and Sexual Misconduct Policy occurred will lead to the initiation of disciplinary procedures against the accused individual.



## Sanctions

College sanctions for students including, written warning, probation, loss of privileges, discretionary sanctions, college no contact orders, college suspension, and expulsion may be imposed upon those determined to have violated this policy. College sanctions for employees may include written warnings, suspension, college no contact orders, and termination, or other sanctions determined to be appropriate. The College may implement protective measures following the report of domestic violence, dating violence, sexual assault and/or stalking which may include some or all of the following actions: counseling, extensions of deadlines or other course-related adjustments, modifications of work or class schedules, campus escort services, mutual restrictions on contact between the parties, changes in work locations, leaves of absence, increased security and monitoring of certain areas of the campus, and other similar measures.

Disciplinary action taken against a student may include, but is not limited to, one or more of the following:

- A. Written warning - A notice in writing to the student that the student is violating or has violated institutional regulations and a copy of the warning letter is placed in the student's disciplinary file.
- B. Probation - A written reprimand for violation of specified regulations. Probation is for a designated period of time and includes the probability of more severe disciplinary sanctions if the student is found to violate any institutional regulation(s) during the probationary period.
- C. Loss of Privileges - Denial of specified privileges for a designated period of time, such as being prohibited from utilizing an area of the campus.
- D. Discretionary Sanctions - Educational assignments, essays or other related discretionary assignments  
Discretionary assignments for sexual harassment offenses can include meeting with an LCC Counselor to discuss sexual harassment and/or completion of education programs.
- E. College no contact orders - Between the accused student and the complainant or witnesses (when appropriate).
- F. College suspension - Separation of the student from the College for a definite period of time (usually a year or less) after which the student is eligible to return. Conditions for readmission may be specified. Suspensions may be effective immediately or deferred.  
*When students are issued a suspension, re-entry to the college is determined at the return for suspension meeting with Student Compliance. Additional assignments may be required at this meeting to support the success of the student during their re-entry throughout the first year of return.*
- G. College dismissal - Separation of the student from the College for a year or more. The student may be eligible for return. Conditions for readmission may be specified. Dismissals will be effective immediately.  
*When students are issued a dismissal, re-entry to the college is determined at the return for dismissal meeting with Student Compliance. Additional assignments may be required at this meeting to support the success of the student during their re-entry throughout the first year of return.*
- H. College expulsion - Separation of the student from the College permanently. Expulsions will be effective immediately.
- I. Revocation of admission and/or degree - Admission to or a degree awarded from the College may be revoked for fraud, misrepresentation, or other violation of College standards in obtaining the degree, or for other serious violations committed by a student prior to graduation.”

For employees, the level of discipline will depend on the severity of the discrimination or harassment and may include disciplinary action up to and including termination.

Potential disciplinary actions include:

No action – This occurs when no violation is found, or, when it is believed the employee will respond favorably to non-formal action.

Level 1 – Lowest form of disciplinary action, for less serious infraction.

Level 2 – Next level of disciplinary action, for items not previously corrected or for more serious infractions.

Level 3 – Non-paid disciplinary suspension and known as last chance, meaning any further violations will (with few exceptions) result in termination.

Level 4 – Termination of employment. Utilized for the most serious and/or egregious infractions.

The College may also take other corrective or remedial action to address the effects of any violation of policy and will follow up as necessary to ensure that the corrective or remedial action is effective. This may include additional sanctions/requirements such as required training or other components that seek to educate and change behavior.

### Retaliation

No person will be penalized for good faith utilization of channels available for resolving concerns dealing with prohibited discrimination or harassment. Lansing Community College strictly prohibits any adverse action against any individual for making a good faith report, providing information, exercising one's rights or responsibilities under this Policy, or otherwise being involved in the process of responding to, investigating, or addressing or opposing any alleged incidents of prohibited discrimination or harassment, including allegations of sexual misconduct. Any person who engages in any retaliatory actions against any such individual for having engaged in these legally protected activities will be subject to disciplinary action that may include, but is not limited to, expulsion from the College and termination of employment. In addition, any person who engages in such retaliatory actions may be subject to criminal prosecution and may become liable in civil litigation.

Anyone who is aware of possible retaliation or has concerns regarding the response to a complaint of prohibited discrimination or harassment, including sexual misconduct, should immediately report such concerns to the Title IX Coordinator or the Equal Opportunity Officer, who will investigate the matter and pursue any appropriate corrective action. Student Title IX Coordinator at 517-483-9632 or [thompsc@lcc.edu](mailto:thompsc@lcc.edu), Employees should contact the Employee Title IX Coordinator at 517-483-1879 or [ThomaL32@lcc.edu](mailto:ThomaL32@lcc.edu) or the Equal Opportunity Officer at 517-483-1730 or [beauboej@lcc.edu](mailto:beauboej@lcc.edu).

[Resources for Victims of Domestic Violence, Dating Violence, Sexual Assault & Stalking](#)

[On-Campus](#)

On-Campus	Type of Services Available	Service Provider	Contact Information
<b>Student Counseling</b>	Mental Health-counseling- LCC's state-licensed, professional counselors help students manage stress, personal loss, relationships, substance abuse, family matters, and provide support for all circumstances and stressors that affect a student's academic performance.	Center for Student Support	517-483-5323, 517-483-1924
<b>Employee Counseling</b>	Health Management System of America (HMSA). The HMSA Employee Assistance Program is a confidential, voluntary service that provides professional counseling and referral services designed to help LCC employees and eligible family members (spouse and dependents in your household) with personal, job, or family related problems.	Human Resources	1-800-847-7240
<b>Police</b>	Campus Safety, file reports, vehicle lock outs and battery jumps, on campus escorts	LCC Police and Public safety	517-483-1800
<b>Adult Resource Center</b>	Registration assistance, referrals to community and campus resources, on-going student support, tuition and child care grants, a calculator lending program, and academic advising	Center for Student Support	517-483-1199
<b>Fostering Stars</b>	students currently engaged in or aging out of the foster care system. Some of the services provided in this program include: advising, academic support, community outreach, transportation assistance, specific emergency assistance, care-packages, one-on-one mentoring, group membership and networking opportunities.	Center for Student Support	517-483-9625
<b>Student Access</b>	Accommodations for students with disabilities.	Center for Student Access	517-483-1924
<b>Veterans Resources</b>	Assist veteran and dependent students with VA GI bill benefit. acts as a liaison between students, the VA, and other LCC departments; making contacts on behalf of students when needed. We also offer a	Veteran Services	517-483-5246 or Toll Free: 800-644-4522

On-Campus	Type of Services Available	Service Provider	Contact Information
	dedicated academic advisor, and a large veteran lounge area as a place for veteran students to utilize.		
<b>Student Life</b>	Student Clubs and organizations, Student Leadership Academy, Student Newspaper, Volunteer Opportunities, Student housing resources, transportation options, voting registration, Student Ombudsperson.	Center for Student Support-Student Life	517-483-1200
<b>Visa and Immigration (Global Student Services)</b>	provides support services to English Language Learning (ELL) students who are immigrants, permanent residents, or U.S. citizens as well as provides assistance to international students who are admitted to the U.S. in a temporary, non-resident status (any type of visa).	Center for Student Support	517-483-5323
<b>Student Compliance</b>	Student Title IX Complaints, Behavioral Intervention for students of concern, Code of Conduct	Center for Student Support	517-483-1261
<b>Employee Support</b>	Report sexual misconduct against an employee, Employee wellness assistance, Labor relations, leave of absent, accommodations, benefits, healthcare, tuition wavers.	Human Resources	517-483-1870
<b>Legal Services and Risk Management</b>	File a discrimination complaints: Any employees or students who believe that discrimination has occurred against themselves or others are urged to report the matter as soon as possible	Office of Risk Management and Legal Services, Equal Opportunity	517-483-1730
<b>Foundation scholarships and Financial Management</b>	Offer numerous scholarships, funded by the contributions of businesses, non-profit entities, and individuals, to students who meet the criteria established by the scholarship donors	Foundation Office	517-483-1985
<b>Academic Advising</b>	Identify a program of study that aligns with your long term career goals Guidance and clarity on program of study pre-requisites and sequencing Support with navigating transfer to four year school options/goals Advising that will help you navigate your	Advising and Career Pathways	517-483-1999

On-Campus	Type of Services Available	Service Provider	Contact Information
	<p>pathway efficiently</p> <p>Assistance with creating a course map that will help you achieve your transfer goals and/or your certificate / associate degree completion goals</p> <p>Degree Works graduation audits and "what-if I change my program of study" and MTA audits</p>		
<b>ACCESS Program</b>	provides student support for the personal, social, cultural, and academic adjustment of BIPOC, LGBTQ+, First-Generation, Low Income, adult students; varying ability; and other marginalized and underrepresented students groups.	Cesar Chavez Learning Center	517-483-5220
<b>Financial Aid</b>	assists students with finding resources to finance their postsecondary education. Financial Aid resources are available through the federal government, state government, private organizations, and Lansing Community College.	Financial Aid Office	517-483-1200

### Off-Campus

Off- Campus	Type of Services Available	Service Provider	Contact Information
<b>POLICE</b>	Report crimes, submit tips, community safety and policing	<u>City of Lansing</u>	517-483-4600
		<u>Ingham County Sheriffs</u>	517-676-2431
		<u>Eaton County Sheriff</u>	Main Office: 517-543-3512 Delta: 517-323-8480 Lansing: 517-372-8287
		<u>Clinton County Sheriff</u>	989-224-5200
		<u>Livingston County Sheriff</u>	517-546-9111

Off- Campus	Type of Services Available	Service Provider	Contact Information
<b>PERSONAL PROTECTION</b>	A Petition for a Personal Protection Order (PPO) can be filed by individuals who have been physically, emotionally or sexually abused by a spouse, former spouse, family member, partner, parent of your child, current or former roommate, or current or former dating partner. A Petition for a PPO may also be filed if there is proof of stalking.	<u>Ingham County</u>	517-483-6545
		Eaton County	517-543-4335
		<u>Clinton County</u>	989-224-5100
		<u>Livingston County</u>	517-546-9816
<b>HEALTH</b>	The MSU Sexual Assault Healthcare Program is staffed 24/7 by specialized forensic nurses. Services are free and available to adults who have been sexually assaulted within the last 5 days.	<u>MSU Sexual Assault Health Care Program</u>	517-353-2700
	Forensic Nurse Examiner (FNE) offers, with consent, a medical forensic examination including taking a patient history and doing a physical exam. The nurse will collect evidence (if wanted) based on the assault history and physical findings of the exam. They also offer photo documentation of all injuries, emergency contraception, STI/HIV prophylactic treatment as appropriate, and can testify as an expert witness.	<u>Sparrow Forensic Nurse Program</u>	517-364-3931

Off- Campus	Type of Services Available	Service Provider	Contact Information
<b>MENTAL HEALTH</b>	We provide a free anonymous confidential telephone crisis hotline to deal with crises that include depression, suicide, loneliness, sexual assault, grief, and many others. We also provide referrals for services throughout the Greater Lansing area.	<u>Listening Ear</u>	517-337-1717
	Cristo Rey is a community center that provides free or low cost counseling, medical treatment, access to a food pantry, and a financial empowerment center.	<u>Cristo Rey Community Center</u>	517-372-4700
	Help enable mental well-being, financial independence, addressing trauma	<u>Women's Center of Greater Lansing</u>	517-372-9163
<b>VICTIM ADVOCACY</b>	committed to helping our member agencies, their communities, and our state and local partners as they work to change the societal norms, practices, and behaviors that allow or condone perpetration of abuse. Our support includes a variety of programs, technical assistance and training that are designed to empower communities to implement prevention activities and programming in ways that are inclusive, relevant and sustainable.	<u>Michigan Coalition to End Domestic and Sexual Violence</u>	517-347-7000
	MSU Safe Place provides services to anyone who has experienced, or is experiencing, an abusive or controlling relationship. Services include counseling, support group, advocacy, shelter, information and referrals. All services are free, confidential and available on campus to students, faculty, staff and their partners	MSU safe Place	517-355-1100

Off- Campus	Type of Services Available	Service Provider	Contact Information
	who have experienced domestic violence. Members of the greater Lansing community who are in need of support may also contact MSU Safe Place.		
	post-arrest response team for victims/survivors of domestic violence in Lansing, Lansing Township, Meridian Township, East Lansing and on the campus of Michigan State University. A staff member or a team of 2 volunteers responds to victims at their homes or places of employment, the hospital, or local police department to provide crisis intervention, safety planning, and information about area resources.	<u>Capital Area Response Effort</u>	517-272-7436
	direct service response making the advocacy, criminal justice, academic institution, and health care systems more accessible and responsive to survivors and thus prioritizing healing and justice	<u>MSU Sexual Assault Response Team</u>	517-355-3551
	free and confidential individual counseling, advocacy, and support groups to MSU students and community.	<u>MSU Center for Survivors</u>	517-372-6666 24hr Crisis hotline
	Medical Advocacy, Counseling, Domestic Violence Advocacy. nonprofit that provides supportive services to survivors of domestic and sexual violence, stalking, and elder abuse.  ALL SERVICES ARE FREE AND CONFIDENTIAL.	<u>End Violent Encounters (EVE)</u>	24 Hour Crisis Line: 517-372-5572
	SafeCenter provides temporary and safe housing for women and children. While in shelter survivors are provided with meals, personal care items,	Safe Center	(877) 952-7283 24 hr Crisis hotline



Off- Campus	Type of Services Available	Service Provider	Contact Information
	advocacy, and counseling. We do not currently house adult men, but we are happy to assist male survivors with finding a safe place.		
	Title IX Advocacy, Trauma informed survivor centered, Counseling, Prenatal Advocacy	<a href="#"><u>Firecracker Foundation</u></a>	517-742-7224
	We advocate for the rights of our community members by honoring and affirming the interconnectedness of oppression.	<a href="#"><u>Salus Center-Lansing LGBTQIA+ Community Center</u></a>	517-580-4593
	transform society’s response to sexual assault, domestic violence, and child abuse, support survivors’ healing, and end this violence through education and advocacy	Joyful Heart Foundation	212-475-2026
	work with men and boys, we enhance awareness of the increased risk female-identified, trans, non-conforming folks have of multiple forms of violence, due to their perceived gender identity.	<a href="#"><u>White Ribbon Campaign</u></a>	416-920-6684
	Helping Survivors recognizes that healing from sexual assault and abuse is a complex, multi-dimensional journey. Our team advocates for survivors by providing the tools and assistance needed for them to work through emotional and psychological layers to reclaim a sense of peace. The team behind helpingsurvivors.org includes healthcare providers, legal professionals, survivors, as well as friends and family members of survivors.	<a href="#"><u>Helping Survivors</u></a>	No online phone number listed <a href="https://helpingsurvivors.org/">https://helpingsurvivors.org/</a>

Off- Campus	Type of Services Available	Service Provider	Contact Information
	Non-profit, public benefit organization committed to preventing, healing, and eliminating all forms of sexual victimization of boys and men through support, treatment, research, education, advocacy, and activism.	<u>Male Survivor</u>	<u>No online number listed visit Male Survivor</u>
	Victim Services, Public Education, Consultation	<u>RAINN</u>	800-656-HOPE(4673) 24 hr hotline
<b>LEGAL ASSISTANCE</b>	Information on victims rights in Michigan	<u>Michigan Crime Victim Rights</u>	517-373-1110
	Advocacy and legal representation for victims	<u>Michigan Prosecuting Attorneys of Michigan</u>	517-334-6060
	Search sex offenders in your area	<u>Michigan Sex Offender Registry</u>	517-241-1806
	Legal assistance for battered women	<u>National Clearinghouse for The Defense of Battered Women</u>	1-800-903-0111 ext 3
<b>VISA AND IMMIGRATION</b>	handle scheduled interviews on non-asylum related applications. They also provide limited information and applicant services	<u>U.S. Citizenship and Immigrations Services</u>	313-926-4202
<b>STUDENT FINANCIAL AID</b>	Financial Aid Information and assistance	<u>Michigan Student Aid</u>	888-447-2687

### Risk Reduction, Warning Signs of Abusive Behavior and Future Attacks

No victim is ever to blame for being assaulted or abused. Unfortunately, a person who is the victim of sexual or dating violence is more likely to be re-victimized. Below are some tips to help reduce your risk, to recognize warnings signs of abusive behavior and how to avoid potential attacks.

#### *Warning Signs of Abusive Behavior*

Domestic and dating abuse often escalates from threats and verbal abuse to violence. And, while physical injury may be the most obvious danger, the emotional and psychological consequences of domestic and dating violence are also severe. Warning signs of dating and domestic violence include:

- 1) Being afraid of your partner.

- 2) Constantly watching what you say to avoid a “blow up.”
- 3) Feelings of low self-worth and helplessness about your relationship.
- 4) Feeling isolated from family or friends because of your relationship.
- 5) Hiding bruises or other injuries from family or friends.
- 6) Being prevented from working, studying, going home, and/or using technology (including your cell phone.)
- 7) Being monitored by your partner at home, work or school.
- 8) Being forced to do things you don’t want to do.

*Help Reduce Your Risk and Avoid Potential Attacks*

If you are being abused or suspect that someone you know is being abused, speak up or intervene.

1. Get help by contacting Counseling Services or off-campus health support services
2. Learn how to look for “red flags” in relationships so you can learn to avoid some of those characteristics in future partners
3. Consider making a report with Campus Police and/or the Title IX Coordinator and ask for a “no contact” directive from the College to prevent future contact
4. Consider getting a protective order or stay away order (INSERT HOW)
5. Learn more about what behaviors constitute dating and domestic violence, understand it is not your fault, and talk with friends and family members about ways you can be supported.
6. Trust your instincts—if something doesn’t feel right in a relationship, speak up or end it.

**Sexual Assault Prevention (From RAINN)**

- ▶ Be aware of rape drugs
- ▶ Try not to leave your drink unattended
- ▶ Only drink from un-opened containers or from drinks you have watched being made and poured
- ▶ Avoid group drinks like punch bowls
- ▶ Cover your drink. It is easy to slip in a small pill even while you are holding your drink. Hold a cup with your hand over the top, or choose drinks that are contained in a bottle and keep your thumb over the nozzle
- ▶ If you feel extremely tired or drunk for no apparent reason, you may have been drugged. Find your friends and ask them to leave with you as soon as possible
- ▶ If you suspect you have been drugged, go to a hospital and ask to be tested
- ▶ Keep track of how many drinks you have had
- ▶ Try to come and leave with a group of people you trust
- ▶ Avoid giving out your personal information (phone number, where you live, etc.). If someone asks for your number, take his/her number instead of giving out yours

**Traveling around campus (walking)**

- ▶ Be aware of your surroundings and avoid walking with your head down and/or being distracted by your cell phone
- ▶ Make sure your cell phone is easily accessible and fully charged
- ▶ Be familiar with where emergency phones are installed on the campus
- ▶ Take major, public paths rather than less populated shortcuts

- ▶ Avoid dimly lit places and talk to Campus Police if lights need to be installed in an area
- ▶ Avoid putting headphones in both ears so that you can be more aware of your surroundings, especially if you are walking alone
- ▶ Walking back from the library or classes very late at night is sometimes unavoidable, so try to walk with a friend
- ▶ Carry a noisemaker (like a whistle) on your keychain. You can get a whistle at the LCC Police Department.
- ▶ Carry a small flashlight on your keychain or use your cellphone flashlight
- ▶ If walking feels unsafe, call Campus Police to ask for an escort. Download the Rave Guardian app (include instructions how)